

NCA Preschool Reading Program

Reaching new milestones all throughout the school year!

The concept is simple, the reward is priceless! One book at a time. Whether you read 200 or 600 books, your child will treasure the time together. The goal is to work reading aloud into your daily routine.



Does it sound hard? Let's break it down! 10 books per week for 2 years = 1040 books 3 books per day for 1 year = 1095

- \Rightarrow Color in one star for each book you read aloud together.
- \Rightarrow Even if you read the same book again, it still counts.

Celebrate each 100 book milestone!

- Complete each log & return it to the school library for a backpack brag tag! (Turn in one log and get the next log to continue new milestones.)
- \Rightarrow When you reach each 100 book milestone earn a small prize!
- \Rightarrow When you reach the 1,000 book milestone earn a free book & certificate!

"Just as water, over a long period of time, reshapes the land through which it runs, so too we are formed by the habit of reading good books well."

On Reading Well, by Karen Swallow Prior

Early literacy has a lifelong impact

- Reading makes you a role model Show your own love of books! Kids whose parents are frequent readers biomc frequent readers themselves.
- Reading bonds you Cuddling close while immersed in a book is a powerful connection.
- Reading sparks creativity and imagination Books are windows that open to new worlds. They inspire creativity and stretch kids' notions of what is possible.
- Reading builds vocabulary and boosts cognitive development.
- Reading builds social and emotional skills Books give kids language to express "big feelings", and can even improve empathy for others.
- Reading a book (not reading on social media) calms us down A study by the University of Sussex shows that just six minutes of reading a book can reduce stress by 68%. Make it a nightly habit with your kids!
- Reading kids are happier kids Children most engaged with reading are three times as likely to have high levels of mental well being.

Tips for reading with your child(ren)

- Find a quiet spot that is comfortable and allows you to sit together
- Turn the TV, cell phone, music, and all distractions off
- Talk about one or two of the pictures in the book
- When reading a male or female voice, match the character
- Slow down or speed up your voice; make the story come alive

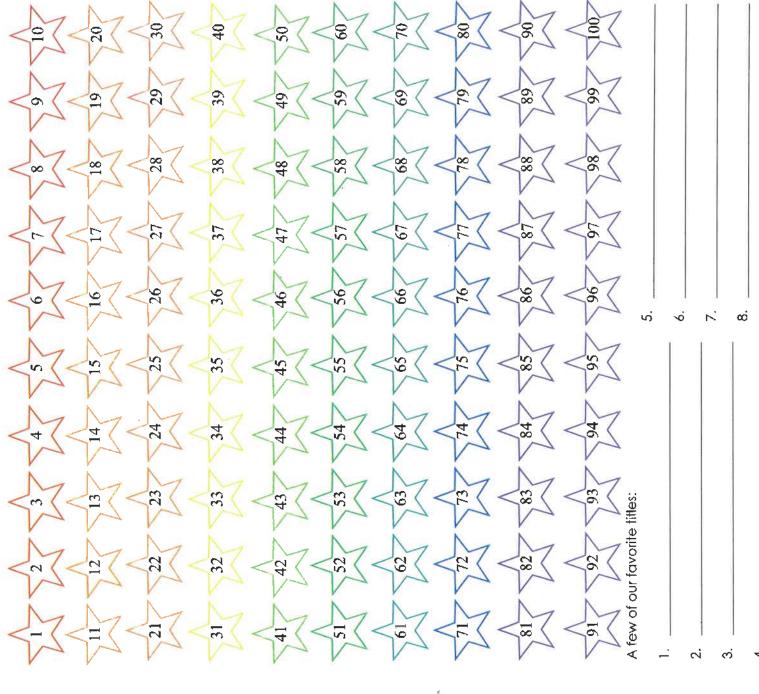


Reading Log Borks 1-100

Parent Tip:

Read to your child everyday. Make this a warm and loving time when the two of you cuddle close.

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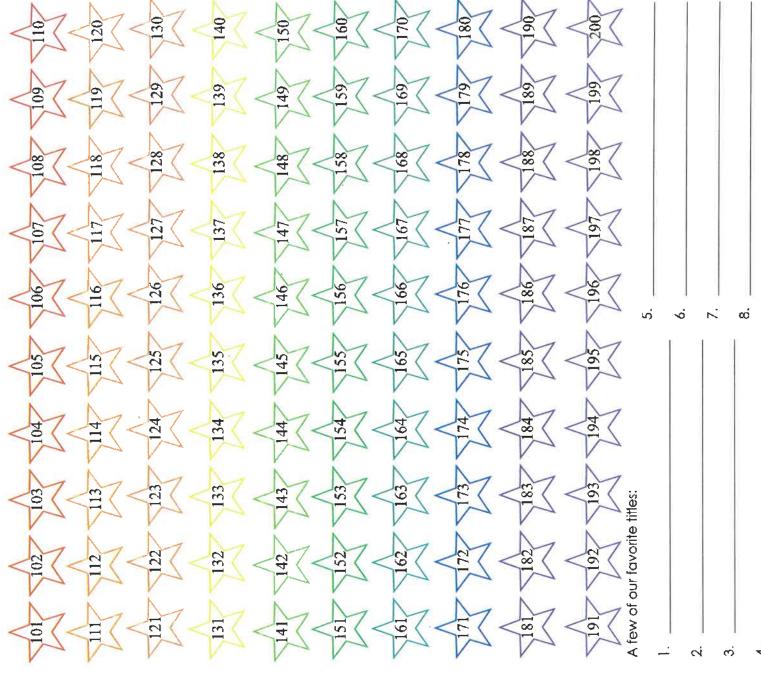




Borks 101 - 200 Parent Tip:

Talk: Build a story together. Begin, "Once upon a time there was a family..." Ask your child what happens next. Take turns creating the story.

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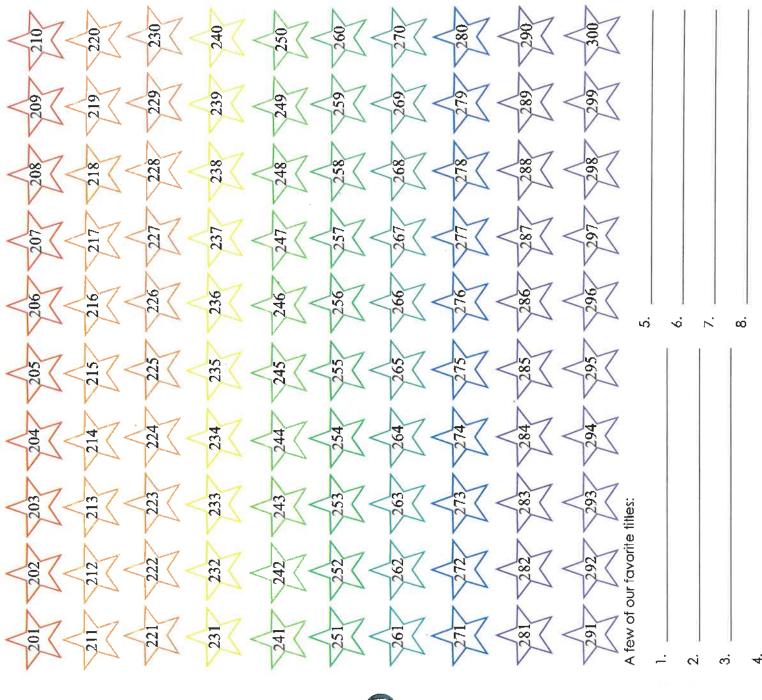




Borks 201 - 300 Parent Tip:

Write: Teach your child to write their first name. This takes time, so be patient and find fun ways to write your child's name. Try writing in salt, sand, yarn, etc.

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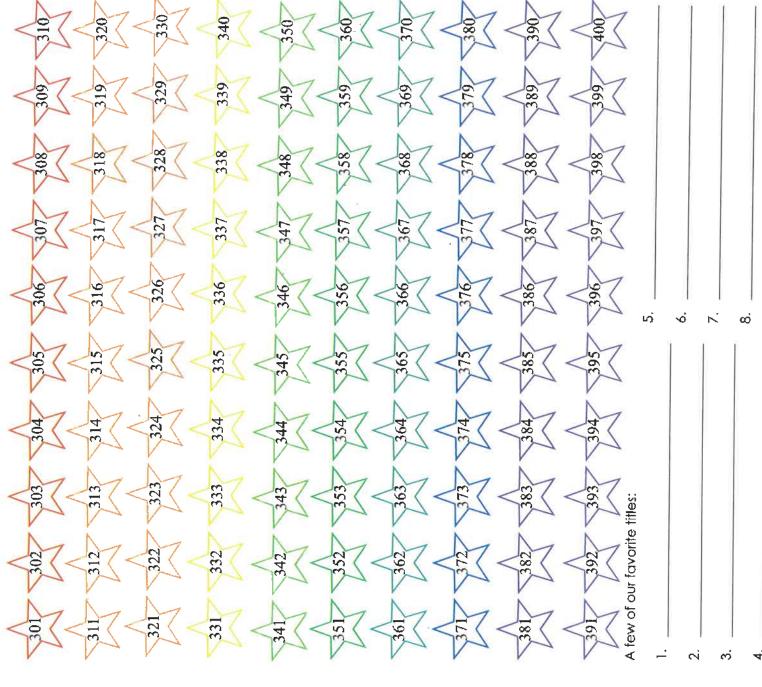




Borks 301 - 400 Parent Tip:

Sing: Play different kinds of music and dance! Ask, "How does this music make you want to move?" Dance together, clap your hands, and help your child feel the rhythm an the beat.

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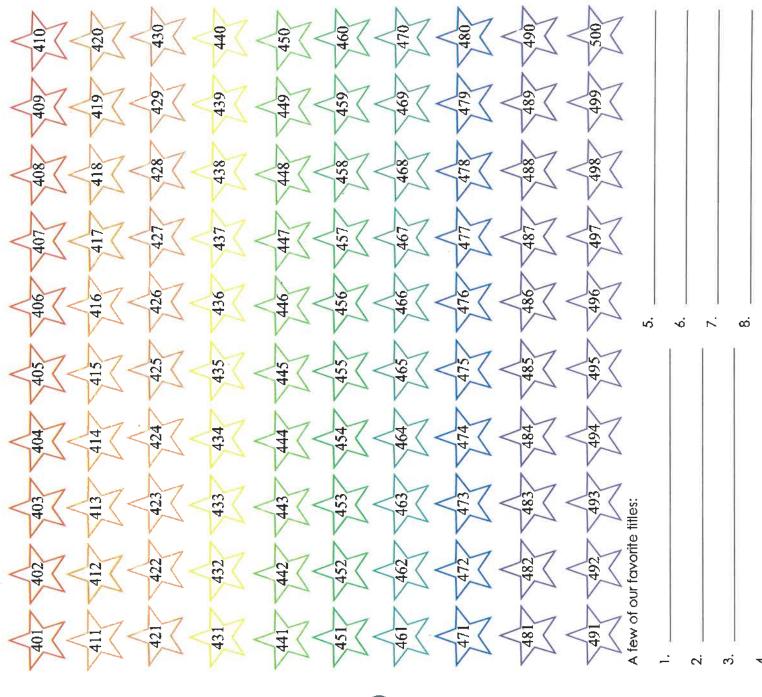




Borks 401 - 500 Parent Tip:

Talk to your child about things that they enjoy and things they are doing. Use new words. Before long, they will use them, too. Ex., "I see that you are trying to button your shirt. Way to go! Sometimes it's a challenge, but it gets easier with practice."

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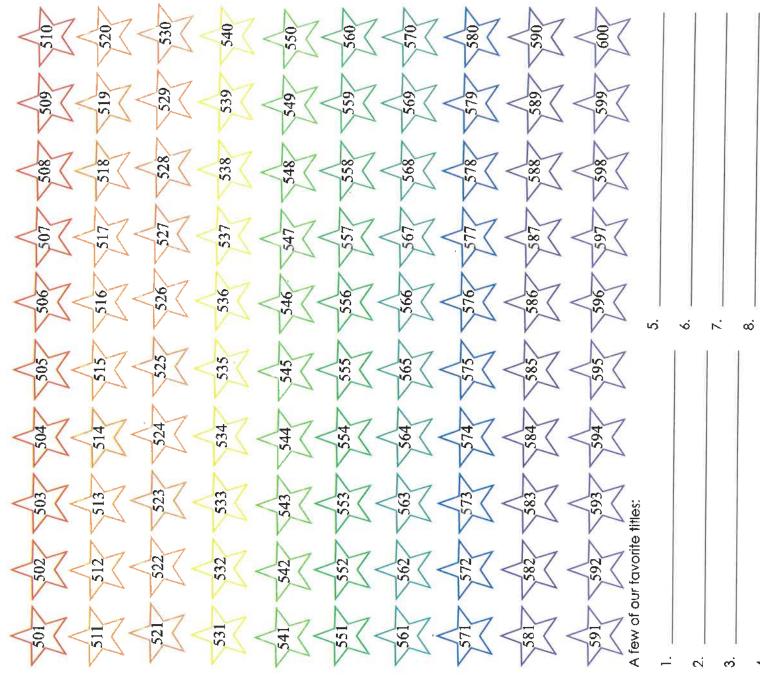


Borks 501 - 600

Parent Tip:

Sing: Even if your child can't sing the words back to you yet, you're laying important groundwork for their future language skills. Pick a song to sing each night, and you'll have a second voice joining you in no time at all!

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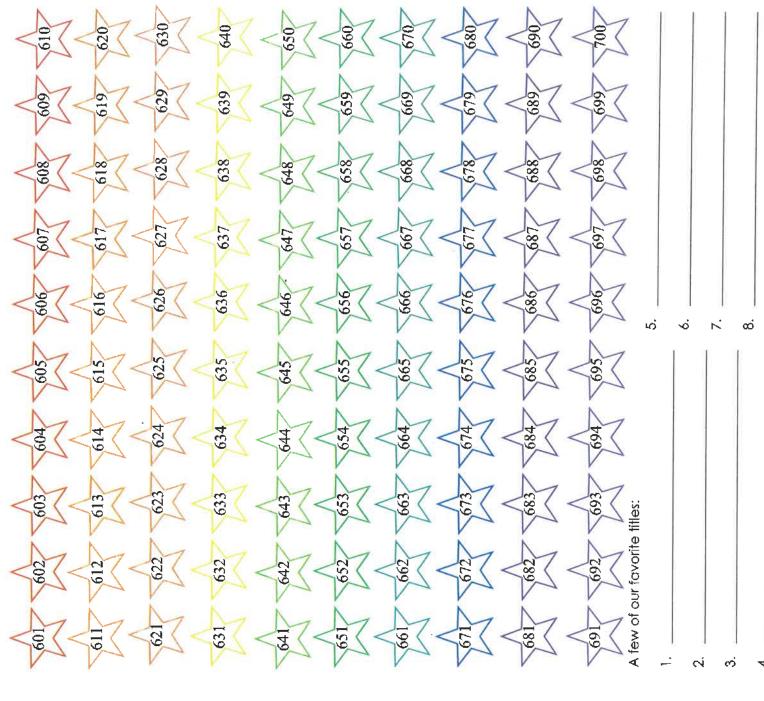




Borks 601 - 700 Parent Tip:

Play: Sit down and play with your child several times a day. This is never a waste of time and helps create a bond between you and your child. Not only does it help your child acquire confidence, it also fosters creativity and imagination in your child.

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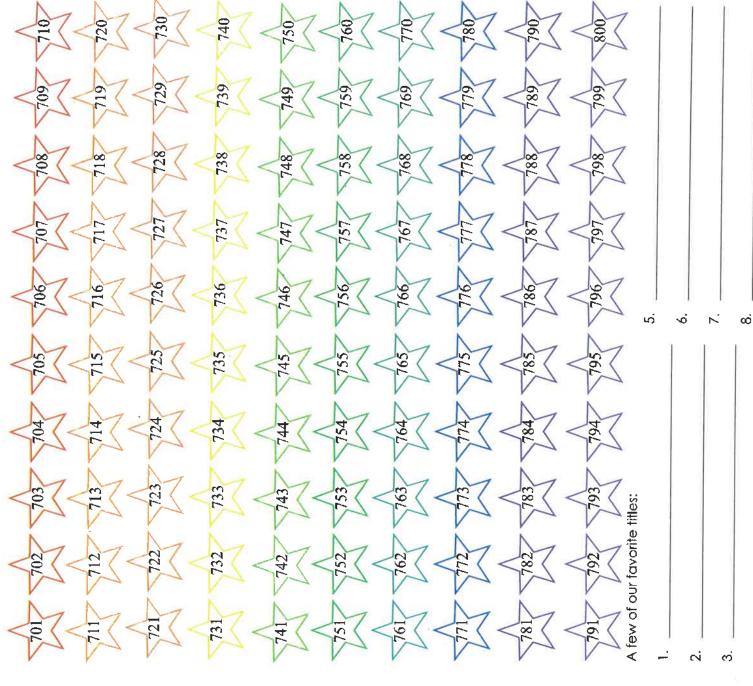




Borks 701 - 800 Parent Tip:

Read: Talk about the pictures, point to repeated words from time to time, and let your child help turn the pages.

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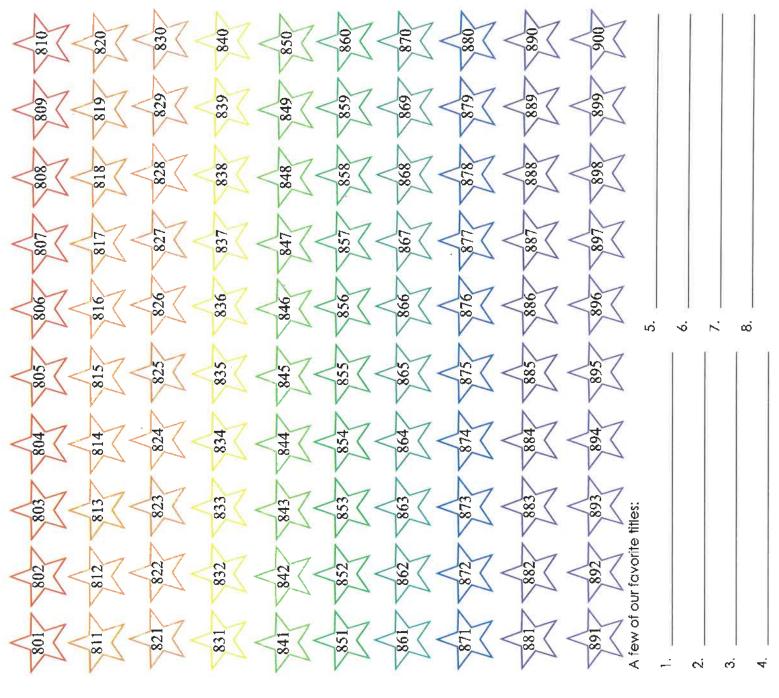




Borks 801 - 900 Parent Tip:

Ptay: Provide play experiences, such as playing in water, playing in sand, using play dough, and finger painting, that allow your child to use their five senses.

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Borks 901 - 1000

Parent Tip:

Sing: Sing songs at a normal speed; then sing them a little slower so your child can clearly hear the words and syllables that make up the words in the songs. This will help their ability to discriminate sounds, which is necessary for learning to read.

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